From the Principal

Yesterday we held our annual Athletics Carnival in beautiful autumn weather. It was good to see the high participation rate, even in the long distance events. Well done to Mr Josh Leighton, our PE teacher, for his organisation and thank you to the P&F for holding their canteen stall. The house competition was very close all day with the final score being Westfield 455 points, Egmont 461 points. A school team will now be selected to compete at the Northern Midlands Interschool carnival on Monday 31 March.

A big thank you to all the parents who assisted at the Athletics Carnival and who participated in parent activities and to those parents who came and watched their children participate.

In the interest of cyber safety, privacy and keeping a valuable device safe, it is our preference that electronic devices NOT be brought to school. If a student does bring an iPod or mobile phone to school, they will now be required to hand them in to the office each morning before school commences. They can pick them up again after the bell at 3pm. If a student is found to have a mobile device during school time, it will be kept by the principal until the parent of the child comes to collect it.

You may have noticed a new stand in the front foyer of the school. It contains assorted information pamphlets provided by the DoE for parents. Topics include online safety, Launching into Learning, attendance, national testing, immunisation and school uniform just to name a few.

With the cooler mornings of late we are starting to see some students in non-uniform clothing. It is important our school maintains its high standard of uniform. Don’t forget the parent-run uniform shop sells all uniform items - jumpers, polo shirts, trousers, shorts, dresses, etc. Order forms are available from the school office.

Marcus Cramp

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DATES TO REMEMBER

March
- Monday 10: Eight Hours Day holiday
- Thursday 13: Assembly 12.10pm Gr 2-3
- Saturday 15: St Patrick’s Festival
- Thursday 27: Assembly 12.10pm P.1
- Monday 31: NM ‘B’ Athletics Carnival

April
- Thursday 10: Assembly 12.10pm K-P
- Monday 14:
- Wednesday 16: Grade 6 Camp
- Thursday 17: Student Free Day
- Friday 18: Good Friday/End Term 1

May
- Monday 5: Start of Term 2
- Thursday 22: School Photos
SCHOLASTIC BOOK CLUB
The first lot of brochures for Scholastic Book club will be sent home by the end of this week. There will be two weeks for the return of orders.

More details will come home later in the week.

ATTENDANCE
School attendance is mandatory for all children between the ages of five, until the end of the year in which they turn sixteen. All schools in Tasmania have a legal requirement to maintain accurate records of all student attendance.

If your child is away for any reason, we would ask that you contact the school office to inform us of their absence on the day/s they are away. This then allows us to ensure accurate records of attendance at all times.

P&F NEWS
St Patrick’s Day Festival Stall
The P&F will be holding a fundraising stall at the St Patrick’s Day Festival on Saturday 15 March.

We are asking for our wonderful volunteers to help out with …

• Donating items for us to sell.
  We will be selling a range of home baked goodies, such as cakes, biscuits, slices, coconut ice, fudge, etc. Donated items can be left in the Parent Room on Friday 14 March.

• Assisting on the stall on the day.

Please let us know if you can help us, by completing the slip below and returning to the office or to a P&F committee member.

Once again, thanks for your support!

Please detach and return to the school office by Tuesday 11 March 2014

☐ Yes, I can donate some home baked goodies.

I will probably bake ____________________________________________

☐ Yes, I can help out on the stall on Saturday 15 March.

I have a preferred time of ________________________________________

Name ___________________________________ Phone no __________________________

2014 Term Dates
Term 1: 5 February to 16 April
Term 2: 5 May to 4 July
Term 3: 22 July to 26 September
Term 4: 13 October to 18 December

2014 Student Free Days
Tuesday 4 February, Thursday 17 April, Monday 21 July and Friday 24 October
Chaplain's News
Welcome back to school, I hope you all had a great holiday.

Returning to Westbury was an exciting time for me and I’m keen to reconnect with students, families and staff. It was great to see so many smiling faces from students as they greeted me on my first day back.

For the new students and families to our school I’m Tanya Jones and I am the school Chaplain. I am here to support students, their families and staff.

I am available to meet with parents as the need arises or if parents just want to have a chat to get to know me.

I spend time in the classrooms getting to know the students and help with activities where needed. I offer lunch-time activities that involve craft for both boys and girls.

I have a real passion to see young people achieve the best they can and reach their full potential in life. I find that in the position as chaplain I can come alongside and encourage the students when they have a go at a task and help them achieve the best that they can.

On a daily basis a chaplain is here to:
• Support students with the challenge of everyday life at school.
• Provide a role model for young people
• Put the needs of the students as the first priority
• Help young people to explore spirituality, regardless of their faith
• Provide assistance and referrals to students who are at risk or need further help

If you would like to chat to me further about the chaplaincy program I am available in the school Wednesday, Thursday and Fridays.

Tanya Jones (Chaplain)

Cupcakes or muffins for Morning Tea?
4 ways to GREEN up cupcakes or muffins at morning tea:
• **GO FOR A FRUIT OR VEGGIE BASED RECIPE—** blueberry, beetroot, raspberry, carrot, apple, pear or zucchini … the options are endless. See our recipe ideas below…
• **THINK SMALLER—** consider making mini muffins or smaller cupcakes, especially the ones with ‘occasional’ foods like chocolate or frosting
• **SWAP THE FROSTING, icing or cream for a dusting of icing sugar, cocoa or sliced fruit.**
• **SWAP SOME FOODS IN THE RECIPE**
  → Flour – add more fibre by using half wholemeal flour and half white flour
  → Fats and oils – swap butter for margarine and use mono- or polyunsaturated oil (e.g. canola, sunflower, olive, peanut) to reduce the saturated or “bad” fat
  → Dairy – choose reduced-fat rather than full-cream for less saturated fat or “bad” fat
  → Sugar – reduce the amount by aiming for a ratio of ½ cup sugar (or less) to 2 cups flour.

**SWEET FRUIT OR VEGGIE MUFFINS OR CUPCAKES**
(makes 12)

**Ingredients:**
• 1 ½ cups self-raising flour
• 1 cup wholemeal self-raising flour
• ½ cup brown sugar
• ½ teaspoon bicarb-soda
• 1 cup reduced-fat milk
• 2 tablespoons canola oil
• 1 egg (lightly whisked)
• 200g reduced-fat natural yoghurt

PLUS YOUR CHOICE OF:
**Apple and date** = 2 teaspoons cinnamon, 1 teaspoon vanilla, 2 Granny Smith apples peeled and grated, ½ cup chopped dates
**Banana** = 1 teaspoon vanilla essence, 1 teaspoon cinnamon, ½ cup walnuts (optional), 1 cup mashed banana (2-3 medium bananas)
**Spicy pineapple** = 1 teaspoon mixed spice, ½ cup sultanas, 450g crushed pineapple in natural juice (drained)
**Ginger and pear** = 1 teaspoon mixed spice, 2 teaspoons ginger, 2 large pears peeled and grated
**Chocolate and raspberry** = ¼ cup cocoa, 1 cup frozen raspberries
**Blueberry** = 2 tablespoons finely grated lemon rind, 1 cup frozen blueberries
**Chocolate and beetroot** = ¼ cup cocoa, 1 cup cooked and mashed beetroot

**Method:**
1. Preheat oven to 180°C and line a twelve-hole muffin tin with muffin cases.
2. Sift dry ingredients into a large bowl and make a well in the centre.
3. In a jug mix wet ingredients together. Pour mixture into dry ingredients and fold through until just moistened.
4. Stir through fruit lightly.
5. Spoon into muffin cases and cook for 20-25min until golden brown and cooked through.

Disclaimer
The views expressed herein do not necessarily represent the views of the Australian Government Department of Education, Employment and Workplace Relations.

Acknowledgement
This project was funded by the Australian Government Department of Education, Employment and Workplace Relations under the National School Chaplaincy and Student Welfare Program.
Are you looking for child care in Westbury? Tiana, our family day care educator in Westbury, currently has spaces available for Kindergarten children and casual spaces available for children of other ages.

Family Day Care provides:-
- Personalised care for small groups of children
- Individual experiences which promote learning and education
- Flexible hours to meet Family needs
- Government Rebates (where eligible)

If you would like more information please contact Margie on 6331 7455 or visit our website - www.lfdc.net.au

MUSIC PARTY/WORKSHOP
Music games, Prizes, Performance (for those who learn an Instrument) and Party food. Learn Theoretical components of Music through games including; Ladders, Pass the Parcel, Musical Bingo, the Memory game and more. Plus come on a Treasure Hunt through the garden! Loads of fun for children aged 4-12 years.

WHEN? Sunday 16th March
TIME? 3-5PM
WHERE? Riverside - address advised on Application

COST? $15 for the first Child and just $5 for each additional Child/Sibling

BE QUICK! LIMITED SPOTS
Email: Robbiwilson75@hotmail.com
Or Phone 0400 070 375
Robyn Wilson Atcl, Perf Cert, Hon scsm

Come and trek the Tassie Tiger Trail at the Rupertswood Farm CROP MAZE in Hagley.

Open this long weekend!

For more information, call Anna on 0403 075 766 or visit our website rupertswoodfarm.com

Fitness Taekwondo Self Defence
Your Local Club at Westbury
Classes on Mondays and Wednesdays from 4.30 till 6.00 pm
NOW AT The Westbury Primary School Hall
Call your Westbury Instructor Mark Kolodziej on 0408133510 or Visit our class for a free introduction

Invitation to local Eat & Greet
first Friday night every month

We invite you to the monthly social tea and family get together at 63 Meander Valley Rd, Westbury (Westbus shed) at 6.30pm.

Join us in a social and informal “old fashioned” evening of community friendship.

We invite you to come in the following months:

7th March
4th April
2nd May
6th June

Please bring food to share and enjoy a pleasant evening with new and old friends. Please also feel free to bring games or a musical instrument

Grant & Jan Bingley  ph 6393 1830
gjibingley@westbus.net.au

Deloraine House Term 1 2014
Enrolments essential: phone 63622678 or email: info@delorianehouse.com.au

Opening Hours: Mon- Fri. 10am-4pm.

Term 1 Activities
Certificate 1 in Business
International Women’s Day
Personal Development workshops
Making Sausages